

# Antiracism Resources



Image by Danielle Coke (@ohhappydani)

## Child Development Considerations in Talking to Children About Race and Racism

- [Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate](#)
- [Talking to Your Kids about Racism: How to Start the Important Conversation by Age and Keep it Going](#)

### Tips for Talking to Children about Racism & Violence

- [10 Tips for Teaching and Talking to Kids About Race](#): this is a great place to start. EmbraceRace also has many other fantastic resources
- [Anti-Racism For Kids 101: Starting To Talk About Race](#): tips and books for parents who are nervous to talk about race
- [What does “Black Lives Matter” Mean?](#): an excellent 5-minute video for children made by Look, Listen, and Learn
- [Our Kids Need Us](#): written by Delaney Ruston, filmmaker of “Screenagers,” has great suggestions on how to have these critical conversations

- **Racism and Violence: How to Help Kids Handle the News:** a great webinar put on by The Child Mind Institute. They also have article on this same topic [here](#)
- **Helping Kids Process Violence, Trauma, and Race in a World of Nonstop News:** another great webinar put on by Common Sense Media

### **Books for Children (just a few to get you started!)**

- **“A Kids Book About Racism”** by Jelani Memory (suitable for K-8<sup>th</sup>)
  - Also available to watch/listen to on YouTube [here](#)
- **“All Are Welcome”** by Alexandra Penfold (suitable for K-3<sup>rd</sup>)
- **“A is for Activist”** by Innosanto Nagara (suitable for Pre-K-2<sup>nd</sup>)
- **“Chocolate Me”** by Taye Diggs (suitable for K-3<sup>rd</sup>)
- **“Skin Like Mine”** by LaTashia M. Perry (suitable for K-6<sup>th</sup>)
- **“Something Happened in Our Town”** by Marianne Celano (suitable for K-3<sup>rd</sup>)
- **“Sometimes People March”** by Tessa Allen (suitable for K-4<sup>th</sup>)
- **“The Day You Begin”** by Jacqueline Woodson (suitable for K-3<sup>rd</sup>)
- **“We’ve Got the Whole World in Our Hands”** by Rafael Lopez (Pre-K-1<sup>st</sup>)

### **Books & Podcasts for Adults**

- **“Raising White Kids: Bring Up Children in a Racially Unjust America”** by Jennifer Harvey
- **“So You Want to Talk About Race”** by Ijeoma Oluo
- **“White Fragility: Why It’s So Hard for White People to Talk About Racism”** by Robin DiAngelo
- **“Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race”** by Beverly Daniel Tatum
- **“Teaching Hard History”** is a podcast from Teaching Tolerance that covers topics of slavery and the civil rights movement
- **“1619”** is a podcast from The New York Times that examines the long shadow of American slavery
- **“Code Switch”** is a podcast from NPR that explores how race impacts every part of our society

### **Additional Resources**

- **PBS Kids for Parents** has a number of resources related to talking to children about racism, television show episodes that address what children can do to fight racism, and so many more excellent resources. **This** was a great recent episode for kids on race and racism
- **Facing History and Ourselves** is an incredible website with lessons, articles, and many other resources on racism and social justice

- **Raising Little Allies-to-Be** is a fantastic 30+ page guide with great resources adults and activities for kids
- Common Sense Media created a resource guide with books, movies, and other media for children that talk about race and racism. Check it out [here](#)
- Below are some websites to help you find diverse children's books:
  - **Social Justice Books** has more than 60 carefully selected lists of multicultural and social justice books for children and young adults
  - **OurStory** is a great way to find diverse books
  - **Biracial Bookworms** is a good site to find diverse books
  - **The Conscious Kid** promotes access to children's books focusing on underrepresented groups and also has some great resources
  - **Here Wee Read** is another great site to find diverse children's books